



# ALICIA FARRELL PHD



## Meet Alicia

Dr. Alicia Farrell is an accomplished Cognitive Psychologist, former University Professor, National Keynote Speaker and Founder of Clearview Consulting. For over 20 years, Dr. Farrell has counseled hundreds of clients on how to get back to basics to achieve their life goals and personal well-being. Her clients have ranged in age from 13 to 98. She has worked with individuals, couples, parents, families and professionals. She also brings 10 years of corporate experience her work.

Alicia Farrell received her doctorate in lifespan developmental psychology with a specialty in cognitive development from George Mason University in Fairfax, Virginia. After nine years as a University professor she established her private practice. She is a published research scientist who specializes in successfully translating the

results of cutting-edge research into practical every-day life and personal/professional development and well-being.

As important as her formal education has been, real life experiences have had a powerful influence over how she helps people and organizations identify and use their struggles to find their strength. She is particularly committed to teaching and empowering parents to raise self-reliant children who have grit and resilience.

Dr. Farrell is a gifted trainer and speaker who delivers dynamic keynotes/workshops on topics including but not limited to expert problem solving, parenting, effects of drugs and technology on adolescent brain and socio-emotional development, stress/anxiety/fear/resilience, how to change, successful aging, brain health and aging.

Her corporate clients have included: Marriott Corporation, Covidien, Energized Realty, Learning in Retirement Institute, American Cancer Society, Multiple Sclerosis Society, American Association of University Women, TOPS, York Correctional Facility, The YMCA, Connecticut Conference of Municipalities, Computer Management Services, Middlesex Institute of Lifelong Education, Alzheimer's Association Annual Conference, Women and Family Life Center, Visiting Nurses Association, Aware Recovery Care, EAPA Annual Conference, many state, community-based and non-profit organizations.

Ongoing Memberships include American Psychological Association; Learning and the Brain Society; Shoreline Clinical Networking Group; Old Saybrook Chamber of Commerce; United Way -The Women's Initiative

Dr. Farrell is an expert resource to numerous media outlets and is available for upcoming speaking engagements.

*"Growing up as a "navy brat", and moving 12 times in 17 years, I know firsthand the opportunity in change and challenge. I know how to solve complex problems, support people as they achieve well-being, and what it takes to persevere through difficult times. My passion is to share this hard earned, practical, and results oriented wisdom with you."*



Connect

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